

Goldilocks

Relaxed Performance at Derby Theatre

Pre-show Information



Our Relaxed Performances are designed to create an inclusive and welcoming experience for young people and adults with learning disabilities/additional needs together with their families and friends to experience theatre in a more relaxed atmosphere.

We hope this pre-show information will help you to prepare for your visit to Derby Theatre and give you an idea of what to expect when you come to see **Goldilocks** and help you become familiar with the show, surroundings and situation.

If you have any further questions, please contact:

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What is a Relaxed Performance?

Our Relaxed Performances are mainstream theatre shows that we adapt in various ways to make them accessible to young people and adults with learning disabilities.

Noise and movement

We ask every audience member to be accepting of the fact that people in the audience will express enjoyment of the show in different ways. The attitude to noise and movement is relaxed, and we ask anyone who attends to be supportive of this.

Pre-show information

We send out this detailed pre-show information pack to help you prepare for your visit before you come to Derby Theatre.

Show Experience

There is wheel-chair space and we don't sell every seat so that people who want to move around the studio can do so. We also make slight changes to sound and lighting effects if necessary, and we never have a full black-out in the studio.

Quiet Space

For anyone who needs to leave the show, we have a Quiet Space outside in the rehearsal room, which can be used throughout the show. You can return to the show when you are ready and are welcome to leave and return whenever you like.

Thank you and we hope you enjoy the show.

The Show

The show lasts for minutes 60minutes and does not have an interval.

The story

Daddy Bear, Mummy Bear and Baby Bear have been out in the forest crunching leaves, jumping in puddles and chasing squirrels, but when they return home, things don't seem quite right. Goldilocks has wandered into their house and is looking for a bowl of porridge that isn't too hot and isn't too cold but is 'just right'. Little does she know that Mummy Bear, Daddy Bear and Baby Bear were really looking forward to breakfast!

Here are some of the Characters that you will see in the show!



Baby Bear



Goldilocks



Mummy Bear



Daddy Bear



Daddy Bear, Mummy Bear and Baby Bear

The Show

The ushers, who are dressed in black (and wearing bears ears!) will meet you at Box Office and show you down to the studio. They will look at your ticket and show you where to sit.

When you enter the studio you will walk past the Three Bear's house and up to your seat. There will be music playing and the cast members will be mingling with the audience.

Before the show the auditorium will be busy and probably quite noisy as people are finding where to sit and getting ready for the start of the show.

When the show is about to start some of lights in the auditorium may be turned down and it will become a little darker. Because this is a Relaxed Performance, we don't mind at all if you make some noise or move around in your seat.

Here is a picture of the Three Bear's house





After the Show

When the show has finished, the actors will line-up and take a bow. Everyone will clap to show that they have enjoyed the show. You can clap, wave your hands, shout and cheer too if you want to.

Once the actors have left the stage the lights will then come back on and everyone will leave. It will be busy but you can always wait in your seat until everyone else has gone.

Our staff will help you leave the studio.

We hope you enjoy the show and please let us know what you thought of it by writing us a letter or drawing a picture!

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