

# The Spires

## Newsletter

01 / Autumn 2018

## Our Grand Opening!

We held our grand opening on 11th July. The Spires was jointly opened by Her Majesty's Lord Lieutenant of Staffordshire, Mr Ian Dudson and The Mayor of Lichfield, Councillor David Leytham.

The day was a fabulous success we were joined by our founder residents who had reserved a place with us, and their families, dignitaries, members of the local community, volunteers from around Lichfield and our new team members.

We celebrated the opening of The Spires which was 16th July 2018.



## Timecapsule Competition

We held a competition with the Friary School, and we asked the pupils for ideas on what should be placed in a timecapsule that would be opened in 50 years' time that represents our society today.

We had fabulous entries, some of the winners' suggestions were plastics and re-cycling, Ed Sheeran the singer, a Gay Pride flag, and average height and weight of men and women in the UK. The pupils were presented with a voucher and we donated to their chosen charity, then they came along to bury the capsule in our gardens.

## NCS Project

A group of young people volunteered to come along to The Spires to work with our residents to decide what to plant in our raised beds and to improve our rooftop terrace.

They went along with residents to the local garden centre to purchase the flowers and plants. They transformed the raised beds and enjoyed their time researching sensory plants and herbs that would be suitable for our home. The interaction of generations and with those living with memory loss was enjoyed by the NCS group and our residents alike.



## Bill comes to visit!

Bill, who is part of St Chad's Church pastoral team is our new volunteer who visits us every Wednesday to spend time with residents, joining in activities and helping us on day trips.



## Dates for your diary

**8th Nov** – Remembrance event with the British Legion and singers from The Friary School, 11am

**13th Nov** – Residents' meeting, 6pm

**December** – Christmas party, families welcome, date and time TBC

**December** – Carol service with St Chad's Rotary, families welcome, date and time TBC

### Rolling Monthly Activities

**Tuesday (fortnightly)** – "Keep Moving" exercise classes with Three Spires Physio, 11am

**Last Wednesday every month** – Memory café, 2 – 4pm

**Service every month** – St Chad's Church



*A message from*

## Fran, General Manager

We have had a wonderful start to life in our new home. I would like to thank all of our new residents, their families, friends and our team members for making the first few months at The Spires a special time. We have many events and activities planned and I look forward to hearing your suggestions at the upcoming residents' meeting on 13th November.